



Integrative Psychiatry

Transcranial Magnetic Stimulation

What to Expect?

- TMS is safe and not invasive. You can drive to and from the appointment.
- Unless otherwise specified, there are no restrictions on medications, food, or drink.
- You will feel tapping on your head from the magnetic pulse, please let our TMS technician know if it becomes uncomfortable.
- You may have a mild headache after the treatment (from the light tapping), or you may feel a little tired.
- After the treatment, you can continue with your day.

Before you arrive:

- Please call Zach at the number he provided to let him know when you are arriving.

After you arrive:

- Let the front desk know and we will mark you as present in the system.
- Please wait in the waiting room and one of our TMS technicians will get you when ready.

We personalize treatments to you!

- We are flexible with our scheduling, just let Zach know and we can adjust to your needs.

Please let us know if you
have questions or concerns!
Office number: (502) 327-7701